



Susan HARROW
 SELL YOURSELF WITHOUT SELLING YOUR SOUL®

BESTSELLING AUTHOR | COMMUNICATIONS EXPERT | AIKIDO BLACK BELT

Susan Harrow is a media trainer + martial artist. She has a black belt in Aikido, high school teaching credential, is a former tennis pro + author of the best-selling book, *Sell Yourself Without Selling Your Soul*® (Harper Collins). For the past 35 years she’s run Harrow Communications Inc., a worldwide media consultancy where she’s trained thousands of people in verbal + non-verbal communication. Her clients + course participants include Fortune 500 CEOs, celebrity chefs, rock stars, dot com millionaires, New York Times bestselling authors, entrepreneurs + start-ups who she prepares for TV, radio, podcast + print interviews to shine on local + national media. Her course, True Shield® Verbal Self-Defense for Girls, comes out of her deep desire to empower girls to speak their mind, stand their ground, sing their song™. What you might not know about her is that she was almost sold into slavery for 10 camels + a mule + was recruited by the CIA to be a spy.

Story and Show Ideas

- 5 Essential Assertiveness Skills Your Daughter Needs Today to Become an Entrepreneur/Executive Tomorrow
- How to Make Sure No Means No
- 10 Personal Safety Hacks All Girls Need to Know [for school or college]
- Is your Daughter Getting Bullied for Her Body? Here’s How to Prevent it
- 6 Self-Confidence Skills for Girls in the Trump Era
- Ways to Avoid the P-Grab

AS SEEN IN:



WHAT EXPERTS SAY ABOUT SUSAN

“A very supportive and useful guide for when you want the world to pay attention to what you have to say.”

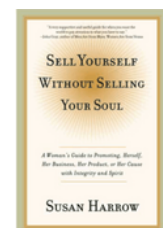
— John Gray

Bestselling Author of *Men Are From Mars, Women Are From Venus*.

“A treasure house of fabulous practical ideas for anyone who is building credibility.”

— Carol Adrienne, Ph.D.

Bestselling Author, Internationally-known Workshop Facilitator + Life Coach



Susan Harrow — Nationwide by arrangement: available as a last minute guest. Based in the San Francisco Bay Area.

Phone: 510.912.0107 CA
 Web: prsecrets.com
 Email: publicist@prsecrets.com