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SUSAN HARROW

bestselling author | communications expert | aikido black belt

Bestselling Author

"A very supportive and useful guide for when you want the world to pay attention to what you have to say."
~ John Gray

"A treasure house of fabulous practical ideas for anyone who is building credibility."
~ Carol Adrienne

The New York Times

USA TODAY

npr

Woman's Day

Age Advertising

Entrepreneur MAGAZINE

Chicago Tribune

Journal

salon MAGAZINE

CNN

Inc.

The Washington Post

CNBC

THE CHRISTIAN SCIENCE MONITOR

INVESTOR'S BUSINESS DAILY

WWD

San Francisco Chronicle

The Boston Globe

pink

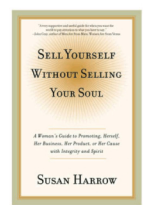
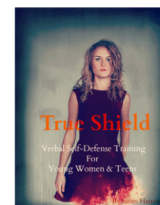
Susan Harrow is a media trainer and martial artist. She has a black belt in Aikido, high school teaching credential, is a former tennis pro and author of the best-selling book, *Sell Yourself Without Selling Your Soul™* (HarperCollins). She's also a contributor to Huffington Post and Psychology Today. For nearly 10 years Susan consulted for Pacific Bell Directory/SBC/AT&T and put 3,000 job candidates through role plays analyzing their verbal, facial and body language to determine if they had the chops for work in high-pressure sales or C-Suite positions. For the past 28 years she's run Harrow Communications, a worldwide media consultancy, where she's trained thousands of people in verbal and non-verbal communication from Fortune 500 CEOs to celebrity chefs to prepare them for TV, radio and print interviews on CBS' 60 Minutes, CNN, Fox News, GMA, NPR, The New York Times, WSJ, O, Vanity Fair, Parade, People, Inc., Fortune, etc. Her course, True Shield™: Verbal Self-Defense For Girls comes out of her deep desire to empower girls to speak their mind, stand their ground, sing their song. She has licensed the course to organizations, schools, shelters and the YWCA, Girl Scouts, Girls Inc., and Boys & Girls Clubs nationwide. What you might not know about her is that she was almost sold into slavery to a Bedouin Sheik in Israel for 10 camels and a mule.

Story + Show Ideas

- 5 Essential Assertiveness Skills Your Daughter Needs Today to Become an Entrepreneur/Executive Tomorrow
- How to Make Sure No Means No
- 10 Personal Safety Hacks All Girls Need to Know [for school or college]
- Is Your Daughter Getting Bullied For Her Body? Here's how to prevent it
- 6 Self-Confidence Skills For Girls in the Trump Era
- Ways to Avoid The P-Grab



Speak your mind.
Stand your ground.
Sing your song.™



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