



BESTSELLING AUTHOR | COMMUNICATIONS EXPERT | AIKIDO BLACK BELT

Susan Harrow is a media trainer, marketing strategist + martial artist specializing in working with brilliant innovators solving the world's most pressing problems. She has a black belt in Aikido, high school teaching credential, is a former tennis pro + author of the best-selling book, *Sell Yourself Without Selling Your Soul*® (Harper Collins). For the past 32 years she's run Harrow Communications Inc., a worldwide media consultancy where she's trained thousands of people in verbal + non-verbal communication. Her clients + course participants include Fortune 500 CEOs, celebrity chefs, rock stars, dot com millionaires, NY Times bestselling authors, entrepreneurs + start-ups who she prepares for TV, radio, podcast + print interviews to shine in the media spotlight™. Her course, *The Zen of Fame: Your Genius Gone Viral*,™ covers how anyone can promote themselves with integrity + spirit. What you might not know about her is that she was almost sold into slavery for 10 camels + a mule.

Story and Show Ideas

- 5 Tips to Dazzle the Media + Your Audience in the First 5 Seconds of Your Appearance
- 10 Ways Women Give Up Power in Any Type of Presentation + How to Get it Back
- How Anybody Can Get into O, the Oprah Magazine—With the Right Idea
- Let Go of Imposter Syndrome, Embody Self-Worth + Shine in the Media Spotlight
- Podcast to Broadcast: How to Use Media to Grow Your Business + Brand™
- 7 Things You Should Do to Be a Thought Leader in Your Industry
- Start a Movement. Be a Star. Change the World



WHAT EXPERTS SAY ABOUT SUSAN

“A very supportive and useful guide for when you want the world to pay attention to what you have to say.”

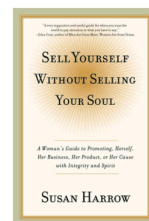
— John Gray

Bestselling Author of *Men Are From Mars, Women Are From Venus*.

“A treasure house of fabulous practical ideas for anyone who is building credibility.”

— Carol Adrienne, Ph.D.

Bestselling Author, Internationally-known Workshop Facilitator + Life Coach



Susan Harrow — Nationwide by arrangement: available as a last minute guest. Based in the San Francisco Bay Area.

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